



PURSUING
VICTORY WITH HONOR

2009 M.E.L. Cross Country

	Meet	Venue
Sept 16	Wood @ Fairfield Vintage @ Vacaville Armijo @ Napa	Rockville Park Lagoon Valley Alston Park
Sept 23	Fairfield @ Vacaville Napa @ Wood Vintage @ Armijo	Lagoon Valley Lagoon Valley Rockville Park
Sept 30	MEL Center Meet	Alston Park
Oct 7	Vacaville @ Napa Vintage @ Fairfield Armijo @ Wood	Alston Park Rockville Park Lagoon Valley
Oct 14	Armijo @ Vacaville Napa @ Fairfield Wood @ Vintage	Lagoon Valley Rockville Park Alston Park
Oct 21	Napa @ Vintage Fairfield @ Armijo Vacaville @ Wood	Alston Park Rockville Park Lagoon Valley
Oct 28	MEL Championships	Lagoon Valley
Nov 7	Sac-Joaquin Sub-Section	TBA
Nov 14	Sac-Joaquin Section Meet	TBA
Nov 28	CIF State Meet	TBA