

## **ARTICLE TWELVE**

### **VOLLEYBALL**

**12.1** Volleyball will be played on Tuesdays and Thursdays or Monday and Wednesday according to the Section rotation. Frosh 4:00pm; JV 5:00pm; Varsity 6:00pm.

**12.1-1** The schedule will be a 15-game schedule. Each school will play the schools three (3) times.

**12.2** Starting practice date will follow the Sac-Joaquin Section guidelines and start on the same date as football preconditioning.

**12.3 WARMUPS:** Minimum times allowed Fr/Soph, and Varsity matches will be: seven (7) minutes shared, six (6) minutes for serving team, and six (6) minutes for receiving team. Any changes in warm-up times must be by mutual agreement.

**12.4** Teams are limited to twenty-eight (28) contacts per season (Sac-Joaquin Section Rule 1206. The definition of a tournament and game count is defined in Sac Joaquin Section by-law 1206.

**12.5** All schools will use official net and balls as defined by the CIF rulebook.

**12.6** Prior to league play, varsity rosters will be sent to all schools and posted on maxpreps.com.

**12.7** The three-ball system will be used during varsity matches. Home court is responsible for seeing this is done properly.

**12.8** There will be two officials as provided by our local officials' association or if necessary, by the Section Commissioner of Officials. Each school will provide a linesman for junior varsity and varsity games.

**12.9** COMPETITION:

**12.9-1** CIF rules will govern play.

**12.9-2** Triple round-robin schedule will apply.

**12.9-3** Games will be played to twenty-five (25) points using rally scoring and not times. The deciding game will be played to fifteen points (15).

**12.9-4** Fr/Soph teams will play best of three (3) games and the varsity will play best of five (5) games.

**12.9-5** Coaches will post schedules, prior to league competition, on maxpreps.com.

**12.9-6** Coaches will report accurate win /loss results for both league and non-league matches on maxpreps.com.

**12.9-7** Coaches will report both non-league and league results to their local newspapers.

**12.10** Section playoff representatives will be determined by Section rules.

**12.11** Schedules, rosters and W/L must be posted on MaxPreps.

**12.12 ALL LEAGUE SELECTIONS:** The all-league team will have ten (10) players. Each team can nominate as many players as they want for all league. A coach may not vote for his or her own player. Any player getting a vote will be considered honorable mention.

**12.12-1 CRITERIA FOR ALL\_LEAGUE NOMINATIONS:**

- To be evaluated annually by coaches.
- Stats to be kept as defined by maxpreps.com for all league matches. Only team stats to be used for nominations.

**12.13** The all-league meeting will be held on the first day following the conclusion of league play at the school of the league representative.