



MEL
Cross Country
 2023-24

PURSUING
 VICTORY WITH HONOR

Day	Date	Venue	Armijo	Fairfield	Rodriguez	Vanden	Vacaville	Wood
Wed	9/27	Lagoon Valley				host	host	host
Wed	10/4							
Wed	10/11	Rush Ranch	host	host	host			
Wed	10/18							

Wed	10/25	Lagoon Valley	MEL Championships					
Sat	11/4	Angels Camp	Subsections					
Sat	11/11	Willow Hill (Folsom)	Sections					
Sat	11/25	Woodward Park (Fresno)	State					