

## M.E.L. 2008 - 2009 All League Athletes

[Fall](#)

[Winter](#)

[Spring](#)

### Fall 2008

Football		Volleyball		Boys Cross Country	
<b>Offense</b>		Souza, Tatum *	Nap	Ruegg, Kurt	Nap
Ruffino, Michael ***	Nap	Fonville, Christina	Nap	Deck, Andre	Vin
Schumacker, Charles	Nap	Wessell, Maggie	Nap	Singh, T.J.	FF
Wagenknecht, Max	Nap	Wallace, Cassidy	Nap	Pence, Matt	Arm
Holmes, Ben	Vac	Soutsavang, Angel	Vac	Moran, Michael	FF
Ruffino, Justin	Nap	Everett, Shahane	Vac	Brown, Will	WCW
Blom, C.J. **	Nap	Sanderson, Miranda	Vin	Hunter, Brandon	FF
Washington, Brandon	Nap	Davis, Marlee	Vin	Diaz, Angel	FF
Martin, Kyler	Vac	Peterson, Brooke	WCW		
Hubbard, Alex	FF	Landaker, Lexi	WCW	<b>Girls Cross Country</b>	
Williams, Markell	Vac	*Player of the Year		Bradshaw, Danzel	FF
Hines, Jimmy	Vac	<b>Boys Water Polo</b>		Cross, Lillie	FF
Boyette, Charles	Nap	Trejo, Dillon (G)	FF	Kennedy, Sierra	Vac
Welch, Keith *	FF	Mitchell, Jacob (MVP)	FF	Martinez-Guerra, T	Vin
Leenders, Keith (K)	Vac	Nolan, Rickey	FF	Koehne, Jessica	FF
(K) Kicker		Lung, Kevin	Nap	McCann, Leah	Nap
<b>Defense</b>		Risinger, Jesse	Vin	Capoot, Justine	WCW
Johnston, Ed **	Arm	Parodi, Ryan	Arm	Capoot, Jamie	WCW
Bogarín, Cesar	Vin	May, Spencer	Nap	<b>Girls Tennis</b>	

Dinov, Scott	Nap	Jones, Devon	Nap	Singles	
Buck, Hudson	Vac	<b>Girls Water Polo</b>		Castner, Katrina	Nap
Bondurant, Deone	FF	Frye, Stephanie (G)	Vin	Rosman, Melissa	Arm
Ruffino, Michael ***	Nap	Husted, Katrina **	Vin	Mayes, Sydney	Vac
Burgess, Daniel	Nap	Schafle, Corinne	Vin	Galbraith, Ginny	Arm
Core, Eric	Vac	Kerr, Alex	FF	Doubles	
Thomas, Dante	FF	Cotton, Kim	FF	Aliganga, J / Dumlao, S.	Arm
Kenion, Julian	WCW	Zeller, Cami **	Nap	Beeby, C / Rulolph, A	Vac
Washington, Brandon	Nap	Komplin, Erin	Nap	Jewell, A / Nguyun, A	WCW
Martin, Kyler	Vac	Madole, Kaya	Nap	Garcia, D / Garcia, B	Arm
McLaughlin, Trevor	Vin	Co-MVP **			
Alvarez, Max	Nap				
* Back of the Year					
** Lineman of the Year		<b>Boys Soccer</b>			
*** Player of the Year		Avalos, John	Vin	Gomez, Jose	Nap
<b>Girls Golf</b>		Moreno, Ricardo	Vin	Reyes, Fernando	WCW
Zine, Brittney	WCW	Chavez, Juan	Vin	Snyder, Pete	WCW
Ehman, Cecilia	WCW	Martinez, Alfonso	Vin	Zopfi, Blake	Arm
Goodwin, Jayne	Vac	Martinez, George **	Vin	Olson, Ryan	Arm
Babb, Breonna	WCW	Romero, Cristian	Vin	Garcia, Jorge	Vac
Trossieux, Claire	Nap	Alvarez, Max *	Nap	Guzman, Victor	FF
Bergin, Chelsea	Nap	Hernandez, Eduardo	Nap		
Knudson, Lucinda	Vin	* Offensive Player of the Year		** Defensive Player of the Year	
Bohanan, Pressley	Nap				

[<Return to Top>](#)

<b>Winter 2008 - 2009</b>					
<b>Boys Basketball</b>		<b>Wrestling</b>			
McChristian, Mike *	WCW	103	Pineda, Josh	Arm	
Smith, Rosevelt	Arm	112	Banks, Matt	Vac	
Dixon, John	FF	119	Ignacio, Nick	Arm	
Bruce, Carson	WCW	125	Lane, Cameron	Vac	
Molinari, Ben	Vin	130	Blestcher, Sergio	Vac	
Vallantine, Ben	Nap	135	Johnson, Tyler	Vac	
Annala, Madison	Vac	140	Walton, Garrett	Vac	
Lashley, Josh	FF	145	Hodel, Taylor	Vac	
		152	Johnson, J.J.	Vac	
		160	Delagarza, Adam	Vac	
		171	Trombetta, Conner	Nap	
		189	Keisler, Kevin	Vac	
		215	Holmes, Ben	Vac	
Capoot, Jamie	WCW	HWT	Schupp, John	Vac	
Nickson, Thaleya	Arm				
Price, Jordan	Vin				
Caspers, Taylor	FF				
Rankin, Shannon	Nap				
* Basketball Player of the Year      ** Wrestler of the Year					

[<Return to Top>](#)

## Spring 2009

<b>Badminton</b>		<b>Swimming</b>			<b>Track</b>		
<b>Badminton Singles</b>		<b>Boys Swimming</b>			<b>Boys Track</b>		
Smith, Nikki	Vac	Dive	Gartley, Ross	WCW	4x100 M	Fairfield	
Aliganga, Jessica	Arm	200 Med	Napa		1600M	Deck, Andrew	Vin
Watts, Shanice	Vin	200 F	Coudright, Michael	Arm	110 H	Thomas, Dante	FF
Jewell, Alyssa	WCW	200 IM	Bradley, Louie	Arm	400 M	Birks, Blakelyn	VV
<b>Badminton Doubles</b>		50 F	Jones, Devon	Nap	100 M	Atkins, DeSean	FF
Dulay, P / Lapid, A	Vin	100 Fly	Bradley, Louie	Arm	800 M	Rayes, Rudy	Vin
Andrews, K / Kelly, E	Vac	100 F	Jones, Devon	Nap	300 H	Thomas, Dante	FF
Nunez, B / Quinata, T	WCW	500 F	Riggert, Joe	Vac	200 M	Atkins, DeSean	FF
Norzom, T / Wei, D	WCW	200 F	Vacaville		3200 M	Ruegg, Kurt	Nap
<b>Baseball</b>		100 Back	Archambeau, P	Vac	4 x 400	Fairfield	
Nagy, Steven *	Nap	100 Br	Teichera, Drew	Nap	H J	Giovannoni, Mario	Nap
Russell, Jonathan	Arm	400 F	Napa		PV	Handy, Lonnie	Vin
Sasloff, Alex	Vin	<b>Girls Swimming</b>			LJ	Hines, Jimmy	Vac
Crandell, Michael	Nap	Dive	Graves, Taylor	WCW	T J	Hines, Jimmy	Vac
Blom, C.J.	Nap	200 Med	Vintage		Disc	Siscel, Garrett	Vac
Crosby, Alex	WCW	200 F	Biter-Mundt, C	Vin	S P	Smith, David	Nap
Groeneweg, Jed	WCW	200 IM	Turpen, Laura	Vac	<b>Girls Track</b>		
Farney, Brandon	FF	50 F	Husted, Katrina	Vin	4x100 M	Fairfield	
McKinney, Mike	FF	100 Fly	Vogel, Brittney	Arm	1600 M	Bradshaw, Danzel	FF
Savin, Brandon	Nap	100 F	Husted, Katrina	Vin	100 H	Pugh, Daje	FF
Collins, Justin	FF	500 F	Biter-Mundt, C	Vin	400 M	Whitmore, Alexandria	FF
Dubois, Danny	WCW	200 F	Vintage		100 M	Springgs, Latasha	Arm

Ballentine, Ben	Nap	100 Back	Morris, Megan	Nap	800 M	Bradshaw, Danzel	FF
Anderson, Ryan	FF	100 Br	Vogel, Brittney	Arm	300 H	Pugh, Daje	FF
<b>*Player of the Year</b>		400 F	Vintage		200 M	Pugh, Daje	FF
		<b>Girls Soccer</b>			3200 M	Kennedy, Sierra	Vac
<b>Softball</b>		Carroll, Zoe *		Nap	4 x 400	Fairfield	
Wallace, Jordan **	FF	Garcia, Sandy		Nap	H J	Souza, Tatum	Nap
Logan, Melissa *	FF	Smith, Carli		Nap	PV	Bales, Tatum	WCW
Niedzwiecki, Fallon	FF	Guerrieri, Natalie		Nap	LJ	Springgs, Latasha	Arm
Rivera, Dana	FF	Martinez, Yedith		Nap	T J	Vea, Tiffany	FF
Robben, Alex	Nap	McGrath, Kerry		Nap	Disc	Moody, Jeanette	Vac
Wagner, J'Anna	Nap	Varias, Jessica		WCW	S P	Moody, Jeanette	Vac
Miller, Mackenzie	Nap	Duffy, Bridget		WCW			
Landrith, Alyssa	Vac	Tompkins, Melinda		WCW			
Brick, Melissa	Vac	Ali, Sofia		WCW			
Gill, Alex	Vac	Wilson, Jenna		Arm			
Smart, Smantha	Arm	Ramirez, Erica **		Arm			
Perriera, Kimberly	Arm	Iaye, Jenni		Vin			
Sills, Ashlee	Vin	Esposito, Amanda		Vac			
Wink, Megan	WCW	Kidd, Cecilee		FF			
		* Off Player /Year ** Def Player / Year				<b>Tennis</b>	
<b>* Pitcher of Year</b>		<b>Golf</b>			<b>Singles</b>		
<b>** MVP of Year</b>		Moehrke, Ted *		Vac	Holbrook, Phil		Vin
		Duncan, Brandon		Vin	Zinc, Joey		Arm
		Lif, Ben		WCW	Miller, Nathan		Nap

		Kaemmer, Craig	Nap	Miller, Stuart	Nap
		Staples, Steven	WCW	Doubles	
		Sims, Zac	Nap	Dodini, J. / Rossman, B.	Arm
		Peterson, Alex	Vin	Collin, D. / Martineau, M	FF
		Welling, Tyler	Arm	Barnes, C / Shellworth, B.	Vac
		* Golfer of the Year		Dolan, N. / Perez, L	Arm